

## Olivia H. Pollak

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EMPLOYMENT	<b>Harvard Medical School, McLean Hospital</b> Doctoral Intern, Child/Adolescent Dialectical Behavior Therapy Track	July 2026–
EDUCATION	<b>The University of North Carolina at Chapel Hill</b> Ph.D. in Clinical Psychology With a Formal Concentration in Quantitative Psychology Dissertation: “Conceptualizing “sensitivity” across multiple domains and units of analysis to advance understanding of risk for suicidal thoughts and behaviors in youth” (Defended in May 2026)  M.A. in Psychology	2020–  2022
	<b>Yale University</b> B.S. Psychology, B.A. History <i>Summa cum laude</i>	2012–2016
FELLOWSHIPS AND AWARDS	<b>Scholar Award, P.E.O. International</b> Competitive, merit-based award (\$25,000) to support research and graduate work for women pursuing doctoral-level degrees.  <b>F31 Predoctoral Fellowship, National Institute of Mental Health</b> Ruth L. Kirschstein National Research Service Award (NRSA) for project titled “Examining subtypes of suicidal youth in the Adolescent Brain Cognitive Development Study.”  <b>Editor’s Choice Article, American Psychological Association</b> Awarded for “How he saw: Jerome Kagan’s contexts of discovery,” published in <i>Developmental Psychology</i> .  <b>Honorable Mention, Association for Psychological Science Student Research Award</b>  <b>Honorable Mention, National Science Foundation Graduate Research Fellowship</b>  <b>Dashiell Student Travel Award, UNC Department of Psychology</b>  <b>Phi Beta Kappa, Yale University</b>  <b>Richter Summer Research Fellowship, Yale University</b>	2026  2024–2026  2024  2024  2021  2021, 2025  2026  2015
PUBLICATIONS: FIRST AUTHOR	<b>Pollak, O.H.</b> , Rudolph, K.D., Hastings, P.D., Nock, M.K. Prinstein, M.J. Calhoun, C.D. (2026). Hopelessness appraisals of stressors and suicidal ideation: The moderating role of girls’ expressed vulnerability to a close friend following stressor exposure. <i>Research on Child and Adolescent Psychopathology</i> .	

**Pollak, O.H.**, Frye, N.G., Nugiel, T., Cohen, J.R., Telzer, E.H., Lindquist, K.A., Prinstein, M.J. (2025). Testing an interpersonal risk pathway to suicidal ideation in adolescence: Linking neural, psychological, and sociometric indices of socially-relevant factors. *Social Cognitive and Affective Neuroscience*.

**Pollak, O.H.**, Sheehan, A.E., Walsh, R.F.L., Stephenson, A.R., Zell, H., Mayes, J., Lawrence, H.R., Bettis, A.H., Liu, R.T. (2024). Assessment of suicidal thoughts and behaviors in adults: A systematic review of measure psychometric properties and implications for clinical and research utility. *Clinical Psychology Review, 112*, 102464.

**Pollak, O.H.**, (2024). How he saw: Jerome Kagan's contexts of discovery. *Developmental Psychology, 60*(11), 1958-1970.

**Pollak, O.H.**,. Commentary: Thinking critically about methods when studying cognitive processes and risk for suicidal thoughts and behaviors. *Clinical Psychology: Science and Practice, 31*(1), 57-59.

**Pollak, O.H.**, Cheek, S.M., Rudolph, K.D., Hastings, P.D. Nock, M.K., Prinstein, M.J. (2023). Social problem-solving and suicidal behavior in adolescent girls: A prospective examination of proximal and distal social stress-related risk factors. *Journal of Psychopathology and Clinical Science, 132*(5), 610-620.

**Pollak, O.H.**, Shin, K.E., Baroni, A., Gerson, R., Bell, K.A., Tezanos, K.M., Fernandes, S.N., Robinaugh, D.J., Schacter, D.L., Spirito, A., Cha, C.B. (2023). An examination of episodic future thinking in the emergency department among youth experiencing suicidal thoughts and behaviors. *European Child and Adolescent Psychiatry, 33*(3), 923-933.

**Pollak, O.H.**, Kwon, S.J., Jorgensen, N., Lindquist, K.A., Telzer, E.H., Prinstein, M.J. (2023). Neural reactivity to social punishment predicts future engagement in nonsuicidal self-injury among peer-rejected adolescents. *Biological Psychiatry, 94*(1), 40-49.

**Pollak, O.H.**, Guzman, E.M., Shin, K.E., Cha, C.B. (2021). Defeat, entrapment, and positive future thinking: Examining key theoretical predictors of suicidal ideation among adolescents. *Frontiers in Psychology, 12*, 590388.

**Pollak, O.H.**, D'Angelo, E., Cha, C.B. (2020). Does function predict persistence? Nonsuicidal self-injury among adolescents during and after hospitalization. *Psychiatry Research, 286*, 112839.

PUBLICATIONS:  
CO-AUTHOR

Cha, C.B., Nam, R.J., Bell, K.A., Goger, P., Parvez, N., **Pollak, O.H.**, Robinaugh, D.J., Sanghvi, D., Schacter, D.L. (2024). An examination of episodic future thinking and episodic memory among suicidal and nonsuicidal adolescents. *Journal of Clinical Child and Adolescent Psychology, 53*(6), 908-921.

Liu, R.T, Bettis, A., Lawrence, H.R., Walsh, R.F.L., Sheehan, A.E, **Pollak, O.H.**, Stephenson, A.R., Kautz, M.M., Marlowe, R.M. (2024). Measures of suicidal thoughts and behaviors in children and adolescents: A systematic review and recommendations for use in clinical and research settings. *Assessment, 32*(3), 303-320.

Goger, P., Nam, R.J., Lowry, N., Bell, K., Parvez, N., **Pollak, O.H.**, Robinaugh, D.J., Schacter, D. L., Cha, C.B. (2024). Testing the modifiability of episodic future thinking and episodic memory among suicidal and nonsuicidal adolescents. *Journal of Child Psychology and Psychiatry (JCPP) Advances, 4*(3), e12236.

Clayton, M.G., **Pollak, O.H.**, Prinstein, M.J. (2023). Why suicide? Suicide propinquity and adolescent risk for suicidal thoughts and behaviors. *Clinical Child and Family Psychology Review*, 26(4), 904-918.

Nelson, B.W., **Pollak, O.H.**, Clayton, M.G., Telzer, E.H., Prinstein, M.J. (2023). RDoC-based approach to adolescent self-injurious thoughts and behaviors: The interactive role of social affiliation and cardiac arousal. *Development and Psychopathology*.

Shin, K.E., Baroni, A., Gerson, R., Bell, K.A., **Pollak, O.H.**, Tezanos, K., Spirito, A., Cha, C.B. (2023). Using behavioral measures to assess suicide risk in a psychiatric emergency department for youth. *Child Psychiatry and Human Development*, 55(6), 1475-1486.

Gratch, I., Tezanos, K., Fernandes, S.F., Bell, K.A., **Pollak, O.H.**, Cha, C.B. (2022). Single- vs. multi-item assessment of suicidal ideation among adolescents. *Rhode Island Medical Journal*, 105(4), 16-21.

Clayton, M.G., **Pollak, O.H.**, Owens, S.A., Miller, A.B., Prinstein, M.J. (2021). Advances in research on adolescent suicide and a high priority agenda for future research. *Journal of Research on Adolescence*, 31(4), 1068-1096.

Tezanos, K., **Pollak, O.H.**, Cha, C.B. (2021). Conceptualizing death: How do suicidal adolescents view the end of their lives? *Suicide and Life-Threatening Behavior*, 51(4), 807-815.

Gratch, I., Fernandes, S., Bell, K., **Pollak, O.H.**, Fox, K.R., Tezanos, K., Ebo, T., Cha, C.B. (2021). Self-Injurious Thoughts and Behaviors Interview—Revised (SITBI-R): Reliability, validity, and inter-informant agreement in an adolescent sample. *Journal of Clinical Child and Adolescent Psychology*, 51(4), 484-494.

Glenn, C.R., Kleiman, E.M., Kellerman, J.K., **Pollak, O.H.**, Cha, C.B., Esposito, E.C., Porter, A.C., Wyman, P.A., Boatman, A.E. (2020). Annual Research Review: A meta-analytic review of worldwide suicide rates in adolescents. *Journal of Child Psychology and Psychiatry*, 61(3), 294-308.

BOOK CHAPTERS     Liu, R. T., Kautz, M. M., Walsh, R. F. L., **Pollak, O.H.**, Clayton, M. G., Stephenson, A. R. (2026). Suicide and depression: Epidemiology, theory, assessment, and treatment. In J. W. Pettit, T. M. Olino, R. C. Boyd, B. C. Chu, E. P. Hayden, D. A. Pizzagalli (Eds.), *APA handbook of depression: Classification, co-occurring conditions, and etiological processes* (pp. 195-211). Washington, DC: American Psychological Association.

**Pollak, O.H.**, Clayton, M.G., Nelson, B.W., Prinstein, M.J. (2023). Understanding the social context of NSSI: Interpersonal stress in peer and romantic relationships and peer socialization of NSSI. In E. Lloyd-Richardson, I. Baetens, J. Whitlock (Eds.), *Oxford University Handbook of Nonsuicidal Self-Injury*. New York: Oxford University Press.

Prinstein, M.J., Fox, K.A., Field, N.H., **Pollak, O.H.** Your first year in graduate school. In M.J. Prinstein (Ed.), *The Portable Mentor: Expert guide to a successful career in psychology*. (pp. 73-87). New York: Cambridge University Press.

MANUSCRIPTS IN PREP     **Pollak, O.H.**, Patel, K.K., Mournet, A.M., Kleiman, E.M., Glenn, C.R., Liu, R.T., Prinstein, M.J. Evaluating the concept of suicide subtypes: A systematic review of person-centered studies of suicidal thoughts and behaviors. In prep.

CLINICAL EXPERIENCE	<b>Triangle Area Psychology Clinic</b> (Durham, NC)	2023-2025
	Individual and group Dialectical Behavior Therapy (DBT)	
	<i>Adolescent DBT skills group co-leader and individual DBT therapist for adolescent and young adults.</i>	
	<b>UNC Chapel Hill Psychology Community Clinic</b>	2021-2024
	Assessment and psychotherapy across the lifespan	
	<i>Psychological assessments for children, adolescents, and adults and Cognitive Behavioral Therapy (CBT) with adolescent and young adults.</i>	
	<b>Arise Psychological Wellness and Consulting</b> (Chapel Hill, NC)	2023-2024
	Evidence-based trauma treatment	
	<i>Psychotherapy with adults presenting with PTSD and other trauma-related concerns, using CBT and other evidence-based approaches.</i>	
	<b>Duke Child and Family Study Center</b> (Durham, NC)	2022-2023
	Outpatient psychotherapy with children and adolescents	
	<i>CBT with children and adolescents presenting with mood and anxiety disorders, ADHD, school refusal, and other concerns.</i>	
	<b>Children's CPEP, Bellevue Hospital</b> (New York, NY)	2018-2020
	Research study coordinator	
	<i>Data collection for research study on future thinking among suicidal youth in children's psychiatric emergency department.</i>	
	<b>Walden Peer Counseling, Yale University</b> (New Haven, CT)	2013-2016
	Peer counselor and crisis hotline support	
RESEARCH TALKS	<b>Pollak, O.H.</b> , Rudolph, K.D., Hastings, P.D., Nock, M.K., Prinstein, M.J., & Calhoun, C.D. (2025, May). Hopeless perceptions of salient stressors and post-stressor friendship dynamics as prospective predictors of suicidal ideation among adolescent girls. In Richard, C. (Chair), <i>New insights into contributing factors of adolescent suicidal thoughts and behaviors</i> . Paper presented at the biennial meeting of the Society for Research in Child Development, Minneapolis, MN.	
	<b>Pollak, O.H.</b> , Shin, K.E., Baroni, A., Gerson, R., Bell, K.A., Tezanos, K.M., Fernandes, S.N., Robinaugh, D.J., Schacter, D.L., Spirito, A., Cha, C.B. (2025, February). Studying suicide outside the lab: Performance-based measures in applied settings. In King, L. (Chair), <i>Suicide Prevention: Insights from Varied Samples, Methods, and Interventions</i> . Paper presented at the annual meeting of the American Association for the Advancement of Science, Boston, MA.	
	<b>Pollak, O.H.</b> , Dodson, J., Nock, M.K., Prinstein, M.J. (2024, November). Examining associations between multiple facets of parental expressed emotion and youth suicidal thoughts and behaviors using a performance-based measure. In <b>O. Pollak</b> and I. Gratch ( <b>Chairs</b> ), <i>Computational and performance-based methods for understanding suicide and self-injury in interpersonal contexts</i> . Talk at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.	
	<b>Pollak, O.H.</b> , Cheek, S.M., Rudolph, K.D., Hastings, P.D., Nock, M.K., Prinstein,	

M.J. (2023, November). Social problem-solving and suicidal behavior in adolescent girls: A prospective examination of proximal and distal social stress-related risk factors. In **O. Pollak (Chair)**, Using real-time, objective, and performance-based methods to advance understanding of interpersonal risk factors for suicidal thoughts and behaviors. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.

**Pollak, O.H.**, Kwon, S.J., Jorgensen, N., Lindquist, K.A., Telzer, E.H., Prinstein, M.J. (2023, April). Neural reactivity to social punishment and risk for nonsuicidal self-injury in adolescents. In **O. Pollak** and M. Clayton (**Chairs**), Neurobiology, inflammatory processes, and risk for self-injurious thoughts and behaviors in adolescence. Paper presented at the annual Suicide Research Symposium (virtual).

**Pollak, O.H.**, Guzman, E., Shin, K.E., Cha, C.B. (2021, November). Defeat, entrapment, and positive future thinking: Examining patterns of future-oriented thinking as a novel cognitive predictor of suicidal ideation among adolescents. In **O. Pollak (Chair)**, Adolescent suicide, self-injury, and RDoC: Advancing understanding of adolescents' self-injurious thoughts and behaviors examined across multiple RDoC domains. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (virtual).

**Pollak, O.H.**, Telzer, E.H., Lindquist, K.A., Prinstein, M.J. (2021, October). Elevated social stress and maladaptive psychological responses to stress characterize adolescents at risk for future onset of suicidal ideation and nonsuicidal self-injurious behaviors. Oral presentation at the IASR/AFSP International Summit on Suicide Research (virtual).

Cha, C.B., **Pollak, O.H.**, Baroni, A., Gerson, R. (2020, October). Assessing youth suicide risk: Testing the predictive validity of performance-based measures administered in emergency settings. In R. Gerson (Chair), Suicide research in the emergency department. Paper presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry (virtual).

#### OTHER TALKS

The role of families and teachers in children's lives in different cultural contexts. Panel at the Jornada Científica en Desarrollo Humano en Honor a Doctores Jerome y Cele Kagan (Scientific Meeting on Human Development in Honor of Drs. Jerome and Cele Kagan) on October 18, 2024, Antigua, Guatemala.

Association for Psychological Science (APS) Early Career Grant Process Panel. Panel at the annual meeting of the Association for Psychological Science on May 27, 2023, Washington, DC.

Suicide and self-injury in adolescents: Current research directions and clinical applications. Talk presented for the Continuing Medical Education series for clinicians and staff at UNC Campus Health Services on November 9, 2022, Chapel Hill, NC.

#### TEACHING EXPERIENCE

**Harvard University, Department of the History of Science** 2026

Teaching Assistant, Professor Anne Harrington

*Mental Health Matters: Historical Themes and Unfinished Business*

**UNC Chapel Hill, Department of Psychology and Neuroscience** 2020-2024

Teaching Assistant

*Abnormal Psychology; Introduction to Psychology; Research Methods in Psychology; Social Media, Technology, and the Adolescent Brain*

PREDOCTORAL RESEARCH EXPERIENCE	<b>Laboratory for Clinical and Developmental Studies, Teachers College, Columbia University</b>	2018-2020
	Lab Manager, PI: Christine Cha, Ph.D.	
	<b>Affect Regulation and Cognition Lab, Yale University</b>	2014-2016
	Research Assistant, PI: Jutta Joormann, Ph.D.	
	<b>Neurodevelopment, Affect, and Psychopathology Lab, Stanford University</b>	2014
	Research Assistant, PI: Ian Gotlib, Ph.D.	
OTHER PROFESSIONAL	<b>Deloitte Consulting, Federal Practice (Arlington, VA)</b>	2016-2018
	Government and Public Services Consultant	
	<b>Stanford Law School, Research Assistant</b>	2017
	Legal history research for Professor Rabia Belt	
	<b>Freshmen Counselor, Davenport College (Yale University)</b>	2015-2016
	<b>Yale Young Global Scholars, Instructor (Yale University)</b>	2015
	<b>Yale Historical Review, Editor</b>	2013-2016
	<b>Beinecke Library, Curatorial Assistant (Yale University)</b>	2013-2014
SERVICE	<b>Ad hoc manuscript reviewer</b>	2020-
	Journals: <i>Archives of Suicide Research; Behavior Research and Therapy; Child and Adolescent Psychiatry and Mental Health; Clinical Psychology: Science and Practice; Clinical Psychology Review; Clinical Psychological Science; Development and Psychopathology; European Child and Adolescent Psychiatry; Journal of Adolescent Health; Journal of Clinical Child and Adolescent Psychology; Journal of Psychiatric Research; Journal of Child Psychology and Psychiatry; Neuropsychopharmacology; Scientific Reports; Suicide and Life-Threatening Behavior</i>	
	<b>Yale Campus Mental Health Committee, Office of the President</b>	2013-2014
	Yale College Student Representative	
	<b>Yale Coalition for Mental Health and Wellbeing</b>	2014-2016
	One of three members of the Steering Committee	
MEDIA	“Re. Andrew Solomon’s piece on child suicide,” <i>The New Yorker</i>	May 16, 2022
	“The science behind teen girls’ mental health crisis,” <i>Axios</i>	June 9, 2023